

STAR Fit 24/7



OUR MISSION:

To Enhance the Lives of others through Physical Fitness, Education and Mindset.

\$0 Initiation Fee

\$35 Monthly Due

- Open 24 hours a day, 7 days a week
- Includes one free fitness consultation by a certified medical professional
- Personal training available
- Restrictions may apply

Our club features all the essential amenities including:

- Free weights, Olympic training platforms
- Kettlebells, TRX suspension trainers and other functional training tools
- A full Nautilus Circuit
- Brand new Cardiovascular training machines
- Flat screen TV's
- Private locker rooms

Please contact Chris with questions. 585.425.1018

STARFit is proudly presented to you by **STAR Physical Therapy**. For over 25 years, STAR has been recognized as one of the leaders in orthopedic and sports rehabilitation.

STAR Physical Therapy
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